

# 2024-2025 ATHLETE / PARENT HANDBOOK





**TEAMWORK \* INTEGRITY \* FUN \* ACHIEVE** 

## Date Published: 8/14/2024

SSWSC reserves the right to amend and adjust any policies and procedures outlined in this handbook. Any significant changes (either in part or in full) to this handbook will be communicated to athletes and parents.

## WELCOME TO SSWSC

Welcome to the Steamboat Springs Winter Sports Club family! The people – athletes, parents, coaches, and staff – will define your experience here. To make this experience as positive as possible for everybody, we have outlined the policies and expectations in this athlete/parent handbook. By completing your registration, you agree to abide by these guidelines and are prepared to participate and compete as a champion on and off the mountain!

Our mission is to create champions on and off the mountain by developing life skills and providing growth opportunities through participation in sports. We have a unique opportunity in Steamboat Springs to develop the best skiers and snowboarders in the world and, frankly, the best people, thanks to our venues, coaching staff, Ski Town U.S.A. culture, and <a href="Olympic">Olympic</a> heritage. Our entire staff is committed to the larger picture of using our sports as a vehicle for personal growth and embracing champion behaviors in all aspects of life and community.

Our vision is to be the model community youth organization for long-term personal development through sport. In short, we aspire to develop the complete athlete, the whole person – coaching every individual to achieve their highest level of human and athletic potential – resulting in healthy, contributing members of our community as well as skilled and passionate athletes.

We are guided by four core values: **Teamwork**, **Integrity**, **Fun**, **and Achieve**.

**Teamwork** is our secret weapon. While our sports are contested at the individual level, we know that a highly supportive team will not only push all to greater results but make the entire experience more rewarding. With a full slate of winter sports and summer programs, we also look to take advantage of the expertise of our coaches across disciplines to make each other better. Effectively, the SSWSC is one team working together with our many partners to expand opportunities for young athletes and enrich the community.

As we interact with each other, **integrity** drives our actions. We strive to do the right thing, even when it is not easy. We spend extra time teaching respect and supporting one another. We continuously honor the legacy of all the great champions on and off the mountain who have come before us and work to preserve the special place that the SSWSC holds in the community.

The number one reason children participate in sports is to have **fun**. Every youth program fosters joy and fun at its core. In fact, fun is essential for developing champions on and off the mountain. Sport is play. We help athletes learn to enjoy the process, which can be difficult but that will lead to enjoyment and fulfillment in the future.

Finally, we seek for all our athletes to **achieve** something meaningful to them in sport and life. Developing the necessary skills to be successful in athletics, school, relationships, and life takes effort and courage through a long-term process. Along the way we are not afraid to learn from our mistakes, and we exhibit passion every day keeping our eye on our goals and being the best we can be. SSWSC offers amazing pathways for this journey.

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## CODES OF CONDUCT

## ATHLETE CODE OF CONDUCT

SSWSC athletes are expected to conduct themselves according to the SSWSC core values: Integrity, Teamwork, Fun and Achieve.

- Integrity acting with honesty, transparency and accountability in all situations and having strong moral principles.
- **Teamwork** working collaboratively with others to achieve common goals.
- **Achieve** striving for excellence and pursuing goals with effort, courage, determination, and focus to reach one's highest potential.
- Fun creating a positive and enjoyable environment to build passion for your sport.

Each SSWSC athlete is held to a high standard as a representative of Steamboat Springs and SSWSC and is expected to hold other SSWSC athletes to the same standard. All SSWSC athletes will behave in a way that honors the heritage of the club, their team, and themselves. All athletes understand and will abide by the SSWSC Athlete/Parent Handbook and the additional rules and codes of conduct of the appropriate National Governing Bodies of our sports.

## PARENT CODE OF CONDUCT

Parents are vital in the development of young athletes, and this is a partnership with SSWSC. By enrolling children in SSWSC programming, SSWSC parents commit to conducting themselves in a manner that honors the true purpose of sport and demonstrates respect to athletes, coaches, officials, and the public. SSWSC parents will model and help foster the core values of the club - Integrity, Fun, Teamwork, and Achieve - for all athletes and the community.

- Integrity acting with honesty, transparency and accountability in all situations.
  - Respect: treat everyone with respect and kindness and follow all club rules, guidelines and safety protocols.
  - Honest communication: use integrity when communicating with athletes, coaches and other adults.
- **Teamwork** working collaboratively with others to achieve common goals.
  - Encouragement: encourage your athlete to support their teammates and treat everyone with respect.
  - Collaborate: work together with your athlete's coaches to create an informed and collaborative Parent <-> Athlete <-> Coach triangle.
- Achieve striving for excellence and pursuing goals with determination and focus.
  - O Support goals: encourage your child to set goals and work toward achieving them.
  - O Continuous improvement: support your child's growth and learning, allowing them to fail and learn from their mistakes.
- **Fun** creating a positive and enjoyable environment to build passion for sport.
  - O Positive attitude: approach all aspects of the club experience with a positive and supportive attitude.
  - Enthusiasm: acknowledge and celebrate the small achievements along the way and cheer for athletes' effort and perseverance.

## ANTI - HARASSMENT & ABUSE POLICIES

Steamboat Springs Winter Sports Club is committed to maintaining an environment where all SSWSC athletes, parents, community members and spectators enjoy a safe and supportive environment, free of discrimination or harassment. Discrimination based on a person's race, creed, color, sex, sexual orientation, gender identity or gender expression, age (over 40), marital status, religion, national origin, ancestry, genetic information, military personnel status, citizenship status, transgender status, disability or need for special education services will not be tolerated. SSWSC prohibits discrimination that is prohibited by state, federal, and local law. Beyond the law, SSWSC athletes, parents, and staff are encouraged to be champions, advocates, and upstanders regarding any form of discrimination or harassment in keeping with SSWSC's core values.

All SSWSC staff, parents, and athletes share the responsibility to identify and prevent misconduct to help develop a culture of dignity and respect in sport. SSWSC will respond promptly to reports of misconduct and will take appropriate action to correct, and, if necessary, to discipline behavior that violates this policy.

## **SAFESPORT**

SSWSC has adopted and will enforce U.S. Ski & Snowboard Minor Athlete Abuse Prevention Policies (MAAPP) and provides education to club board members and staff members through the U.S. Center for SafeSport. Parent and age-appropriate athlete training may be found on the U.S. Ski and Snowboard SafeSport Resource page.

All athletes aged 18 or older, or who turn 18 during the season, must be members of U.S. Ski & Snowboard or must complete the SafeSport training and NCSI background check that are requirements of U.S. Ski & Snowboard membership.

## MEETINGS AND TRAINING SESSIONS WITH MINORS

From time-to-time, SSWSC employees or volunteers may be in a situation where they will conduct a training session or a meeting one-on-one with an individual minor athlete. In such instances, the following must always be followed:

The meeting or training session must be **observable**. The contact must be able to be seen by another individual (adult or minor). One-on-one meetings indoors must not be behind closed doors.

The meeting or training session must be **interruptible**. Another individual (adult or minor) must be able to stop the interaction easily.

Exceptions to the above apply only when there is an emergency or when there is a Dual Relationship (i.e., athlete is a family member of employee).

An SSWSC employee conducting a one-on-one individual training session must get written approval from the minor athlete's parent or guardian before the start of the first training session. Such approval may be granted for up to a full season and can be withdrawn at any time

The parent/guardian must be allowed to watch the individual training session.

In the case of athletic training modalities such as massages and rubdowns, a second adult participant must be present in the room or location.

## **HARASSMENT**

SSWSC strives to maintain an environment free of harassment. Harassment of any athlete, parent, community members, or spectator based on the person's race, creed, color, sex, sexual orientation, gender identity or gender expression, age (over 40), marital status, religion, national origin, ancestry, genetic information, military personnel status, citizenship status, transgender status, disability or need for special education services will not be tolerated.

Harassment is any unwelcome, hostile, or offensive verbal, written, or physical conduct based on or directed at a person, including unwelcome conduct that demeans, or shows hostility or aversion towards, individuals because of their status as noted above and which has the purpose or effect of creating a hostile, intimidating, or offensive environment.

Harassing conduct may take many forms, including but not limited to:

- 1. Verbal acts and name-calling, epithets, derogatory comments, slurs, or jokes;
- 2. Graphic depictions and written statements (including digital communications and social media), which may include cartoons, e-mails, posters, drawings, or photographs; or
- 3. Other conduct that may be physically or psychologically threatening, harmful, or humiliating.

#### SEXUAL HARASSMENT

SSWSC does not tolerate sexual harassment or inappropriate sexual conduct. Sexual misconduct is defined as unwelcome sexual advances, requests for sexual favors, and other inappropriate conduct of a sexual nature when:

- Submission to or rejection of this conduct explicitly or implicitly affects an athlete's performance, competition, training, learning, or participation in SSWSC activities.
- Submission unreasonably interferes with an athlete's performance, competition, or training.
- Such conduct creates an intimidating, hostile, or offensive performing, competing, training, or learning environment.

In the interest of preventing sexual misconduct, SSWSC will respond to and evaluate reports of any such alleged conduct.

Sexual harassment may include incidents between any persons in the SSWSC community including coaches, athletes, officials, spectators, and volunteers. Sexual harassment may occur in hierarchical relationships, between peers, or between persons of the same sex or opposite sex. Some examples of sexually inappropriate or offensive conduct include, but are not limited to:

- Written form, such as cartoons, posters, calendars, notes, letters, email, texts, or social media.
- Verbal form, such as comments, jokes, foul or obscene language of a sexual nature, gossiping, or questions about another's sex life, or repeated unwanted requests for dates.

• Physical gestures and other nonverbal behavior, such as unwelcome touching, grabbing, fondling, kissing, massaging, or brushing up against another's body.

## Reporting Of Sexual Harassment

Any SSWSC parent, athlete, or spectator who believes conduct has occurred that may constitute sexual harassment under this policy has a responsibility to report the situation as soon as possible.

Any concerns or incidents can be reported anonymously to <u>SSWSC</u>, the <u>Center for SafeSport</u>, or U.S. Ski and Snowboard.

Any of the following staff members can be contacted to report violations of this policy:

David Stewart, Athletic Director: <a href="mailto:dstewart@sswsc.org">dstewart@sswsc.org</a>

Blair Seymour, Director of People and Sport Development: <a href="mailto:bseymour@sswsc.org">bseymour@sswsc.org</a>

Brian Krill, Executive Director: bkrill@sswsc.org

Any violations of this policy may result in disciplinary action up to and including termination of membership in SSWSC, exclusion from SSWSC activities, and additional obligatory reporting of violations to local law enforcement and the U.S. Center for SafeSport. To the extent practical, concerns of violations or suspected violations will be kept confidential, consistent with the need to conduct an adequate investigation.

Complaints of harassment will be investigated promptly and as impartially and confidentially as possible. In some cases, SSWSC might utilize legal counsel and/or 3<sup>rd</sup> party legal counsel or investigator. After an investigation, a determination will be made regarding the appropriate response to a complaint. A timely resolution of any complaint will be reached and communicated to the parties involved. All parties will be treated fairly and with respect.

The <u>Center for SafeSport</u> has the exclusive jurisdiction to investigate and resolve allegations that involve a participant engaged in one or more of the following:

- Sexual Misconduct, including without limitation child sexual abuse and any misconduct that is reasonably related to an underlying allegation of Sexual Misconduct;
- Criminal Charges or Dispositions involving Child Abuse or Sexual Misconduct;
- Misconduct Related to Reporting, where the underlying allegation involves Child Abuse or Sexual Misconduct;
- Misconduct Related to Aiding and Abetting, Abuse of Process, or Retaliation, when it relates to the Center's process;
- Other Inappropriate Conduct, as defined herein.

The Center for SafeSport has discretionary jurisdiction to investigate and resolve allegations that a Participant engaged in one or more of the following:

- Non-sexual Child Abuse;
- Emotional and Physical Misconduct, including Stalking, Bullying Behaviors, Hazing, and Harassment;

- Criminal Charges or Dispositions not involving Child Abuse or Sexual Misconduct;
- Minor Athlete Abuse Prevention Policy or other similar Proactive Policy violations;
- Misconduct Related to Aiding and Abetting, Abuse of Process, or Retaliation, when it relates to the processes of the USOPC, an NGB, an LAO, or any other organization under the Center's jurisdiction.

## DRUG, ALCOHOL and CONTROLLED SUBSTANCES POLICY

Research has shown negative impacts on youth athletic and academic performance from alcohol, recreational drug use, and the use of other controlled substances. In addition, the use of alcohol and drugs under age 21, and the sale of tobacco to anyone under age 18 is illegal. For those reasons, SSWSC has a <u>zero-tolerance</u> policy regarding the use of alcohol, drugs, and tobacco products by athletes under 21 years of age. Further, the United States Anti-Doping Agency (USADA) governs all other controlled/banned substances in sport. Athletes shall not, regardless of the quantity involved:

- Use or possess any beverage containing alcohol
- Use or possess tobacco or tobacco products, including snuff
- Use or possess any illegal drugs
- Use or possess any controlled/banned substance, including steroids

The consequences for violation of this policy are applicable to all SSWSC athletes, regardless of if infraction happens while with SSWSC.

#### DRUG SCREENING

Any SSWSC participant who is 13 years of age or older is subject to drug testing at the discretion of the SSWSC administration or discipline program director who in good faith believes there is reason for testing. By completing the SSWSC registration process and acknowledging that the participant and parent have read and are familiar with the policies in this Handbook, the participant shall consent to undergo testing if in good faith the SSWSC staff believes there is reasonable suspicion. Prohibited substance testing includes, but is not limited to, consenting to the collection of urine, hair, blood, saliva and/or breath samples to be tested for the above referenced prohibited substances.

Testing may be administered at a third-party lab, medical facility, by USADA, or other location. Any requested retest of a positive test will be performed at a third-party provider at the cost of the participant, parents, or legal guardian. A participant can request a retest up to 72 hours after notification of a positive test. Each participant, along with their parent or legal guardian, will have an opportunity to discuss the substance test with a testing professional in a confidential setting. Upon written request, within seven days of taking the test, a participant, parent, or legal guardian may access records relating to his/her substance test.

Additionally, participants are required to consent to appropriate searches and inspections as may be deemed necessary. Inspections may be conducted if SSWSC suspects that a participant is in possession of or under the influence of any prohibited substance. Should it become necessary, the participant may be required to open his/her locker or vehicle or to empty his/her

pockets, handbag, backpack, ski bag, wallet or any other article, container, or device in which prohibited substances could be kept.

The participant may be temporarily suspended from SSWSC programming pending receipt and review of the test results by SSWSC. Participants, parents, or legal guardians of minor participants are required to notify SSWSC of any criminal conviction, or sanctions from an external authority, for a prohibited substance violation within five days.

#### DISSEMINATION OF THE POLICY

As part of SSWSC's commitment to providing a harassment-free, discrimination-free, and drug-free environment, this policy shall be disseminated widely to the SSWSC membership through the website and this Athlete-Parent Handbook.

## **COMPLAINT & GRIEVANCE PROCEDURE**

The SSWSC Complaint and Grievance Procedure provides athletes, parents, coaches, club leaders, and employees with a system to address and report grievances in a productive, systematic way. The following procedures provide the appropriate parties a means to properly investigate, intervene, and take disciplinary action when needed.

**Complaint:** A statement made that a situation is unsatisfactory or unacceptable. (Examples: athlete not getting video, peer to peer interactions, withholding coaching)

**Grievance:** A formal written complaint made by an employee, athlete or parent when they think a policy has been violated. (Examples: bullying, harassment, discrimination)

## COMPLAINT COMMUNICATION PATHWAY

## Regarding the Conduct of an Athlete - Notify the athlete's coach

Should a parent or an athlete feel another athlete's conduct is inappropriate or violates the SSWSC Anti-Harassment Policy (or other SSWSC policy), the parent or athlete should discuss these concerns with the coach of the athlete responsible for the conduct. It is expected that the complaint will remain confidential and will not be discussed with anyone other than staff at SSWSC. This complaint should be made in person or in writing to the coach. Coaches will ensure the SSWSC head coach is notified of the complaint and will participate in assessing the behavior or incident.

## <u>Regarding Conduct of Coach</u> – Notify the SSWSC Program Director

Should a parent or athlete feel the coach's conduct is inappropriate or violates the SSWSC Anti-Harassment Policy (or other SSWSC policy), the parent or athlete should notify the SSWSC Program Director of this violation. This complaint should be made in person or in writing.

## Regarding Parent or Official Conduct - Notify the Head Coach

Should a parent or athlete feel another SSWSC parent's or an official's conduct is inappropriate or violates the SSWSC Anti-Harassment Policy (or other SSWSC policy), the parent or athlete should notify the Head Coach of this violation in person or in writing.

Issues dealing with peer-to-peer bullying, coach-athlete bullying, parent issues and violations of the SSWSC Code of Conduct are initially handled at the club level following the procedures outlined above and may escalate to the formal grievance pathway if needed.

Coaches are authorized to enforce the SSWSC Athlete Code of Conduct, any behavior(s) they deem not conducive to the best interests of SSWSC or other athletes and team specific behaviors expectations during team training and travel. Involved parties, including the program director, should be notified of the behavioral infraction and the processes and range of potential consequences. Disciplinary consequences that include suspension should include the program director and/or the athletic director.

More significant infractions and consequences may be facilitated by the SSWSC Discipline Committee and formal grievance procedure (defined below) and may involve a third party such as law enforcement, independent investigators, the U.S. Center for SafeSport, or other professional support through the process outlined below.

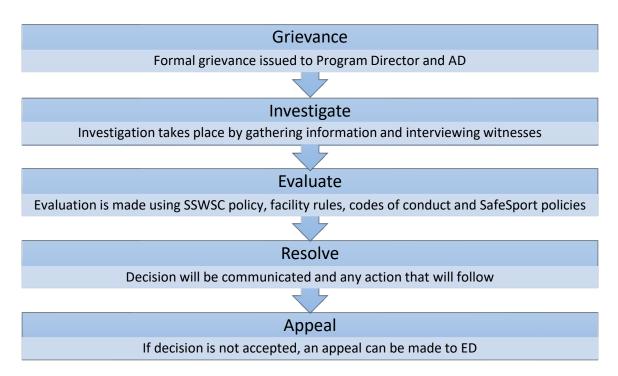
#### **COMPLAINT PROCESS**



#### GRIEVANCE COMMUNICATION PATHWAY AND PROCESS

- Grievance is received: A formal grievance is received by the Program Director and/or Athletic Director. Formal Grievances must be filed <u>HERE</u> which provides an option for anonymous reporting.
- Investigate: Appropriate club leadership will contact the person who filed the grievance and/or the person against whom the grievance is being filed, to investigate and respect anonymity. In addition, other witnesses may be contacted for more information. All information will be recorded, and all parties will be treated fairly.
- 3. **Evaluate:** The behavior of the person(s) against which the grievance was brought will be evaluated using club policies and facility rules, U.S. Ski and Snowboard Code of Conduct, U.S. Center for SafeSport policies, as well as applicable federal, state, and local laws.
- 4. **Resolve:** After all evidence has been gathered and reviewed, a decision will be made based on the Codes of Conduct and the nature and severity of misconduct and a course of action will be taken to resolve the situation. All parties will be notified of the outcome and any disciplinary consequences in writing.
- 5. **Appeal:** Persons can appeal the decision in writing, and it will be reviewed by the Executive Director.

## **GRIEVANCE PROCESS**



The U.S. Center for SafeSport, U.S. Ski and Snowboard and local law enforcement (if applicable) will be contacted if a coach, parent, or an athlete violates the SafeSport Code for the U.S. Olympic and Paralympic Movements, the U.S. Ski and Snowboard Code of Conduct or local laws.

Issues concerning misconduct, harassment, or abuse reported to SSWSC may also be reported to following agencies:

- For issues dealing with sexual misconduct, sexual harassment and/or sexually explicit or inappropriate communication; including through social media: <u>U.S. Center for SafeSport:</u> 833-587-7222
- For issues dealing with physical abuse, emotional abuse, criminal charges and the use, sale, or distribution of illegal drugs: <u>U.S. Ski and Snowboard Misconduct Reporting</u> and Steamboat Police 970-879-4344
- For issues dealing with known or suspected child abuse: Routt County Abuse & Neglect Hotline: 970-367-4056

## ATHLETE DISCIPLINE POLICY

The objective of the SSWSC Athlete Discipline Policy is to ensure a positive, safe, and rewarding learning environment for all participants in support of our mission which is to create champions on and off the mountain. The primary purpose of our Athlete Discipline Policy is to redirect inappropriate behavior and to contribute toward the development of contributing community citizens. All participants must understand that verbal warnings may precede the issuing of any disciplinary procedure. In addition, when deemed necessary, SSWSC will refer athletes to a third party for assistance with these matters.

SSWSC may communicate with the school attended by a student-athlete and determine suitable consequences that are agreed upon by both the school administration and SSWSC discipline committee. Any alcohol/substance abuse, or other major infractions, for which the school issues disciplinary action, may also be considered an SSWSC infraction and result in disciplinary action by the club.

## **DISCIPLINARY COMMITTEE**

All major disciplinary situations will be overseen by the SSWSC disciplinary committee. The disciplinary committee consists of the following individuals and may include professional third party support:

- SSWSC Athletic Director, the athlete's program director and the athlete's primary coach.
- The Executive Director supports the disciplinary process, but is not a member of the disciplinary committee, and is therefore available for review and appeal if necessary.

## **DISCIPLINARY CONSEQUENCES**

All participants must understand that verbal warnings may precede the issuing of any disciplinary procedure, but not always. When deemed necessary, SSWSC will refer athletes to a third party for assistance with these matters.

- Conference with coach, plans made to correct behavior, parents notified.
- Suspension from training and/or competition with length of suspension depending on severity of infraction. Suspension may extend into subsequent seasons.

- Community service hours may be assigned to the athlete.
- Athletes may be required to write an essay or do other research. This essay or research
  will be related to the incident or behavior in question, address why the athlete chose to
  participate in this activity and provide reflection as to what the athlete would do
  differently if a similar situation occurred in the future.
- Expulsion from the SSWSC.
- In drug or alcohol offenses, parents may be required to provide an evaluation performed by a qualified third-party professional to determine the extent of the drug or alcohol problem, or evidence of counseling or other professional support, at their own expense.
- Law enforcement may be notified in any instance where illegal activity occurs.

All offenses will be documented in the athlete's confidential file.

Disciplinary consequences will depend on the severity of the infraction, whether the athlete has had previous infractions, and/or the athlete/family's contrition, honesty, and cooperation, and will be determined by the disciplinary committee on a case-by-case basis.

## SELF-REPORTING - NON-PUNITIVE RESPONSE

Our codes of conduct and disciplinary processes allow for self-referral. Self-referral means that an athlete or other member of the club community may come forward to ask for assistance in dealing with a situation that has to do with a breach of the club's codes, policies or values. This self-referral may then be dealt with through educational, medical or other appropriate means, and may result in reduced disciplinary measures. This process is only available for those who self-refer, and not after getting caught. Athletes and their families should be aware of this policy and its limits with regards to confidentiality and reporting that may be required by law or other policies. The non-punitive response may not apply if the participant has already received a non-punitive response for similar behavior.

#### DISCIPLINARY POLICY FOR OCCURRENCES WHILE TRAVELING

All previously mentioned discipline policies are in effect while traveling with SSWSC. An athlete's right to travel with the team will be in jeopardy if any disciplinary action is required due to inappropriate behavior while traveling with SSWSC for camps, training, or competitive trips.

The coaches in charge of each out-of-town trip have the authority to call an athlete's parents and have them pick up that athlete if it is determined that the athlete's behavior is causing a problem at any time during an SSWSC sponsored trip.

If an athlete violates the Athlete Code of Conduct while traveling with the SSWSC, the consequences may be more severe. Additional consequences are not limited to, but may include the following:

Suspension or loss of travel privileges with SSWSC depending on severity of the incident.

• If an athlete is sent home early, there will be no refund for travel expenses for adjusted trip length, and the athlete/family will be responsible for any additional expenses incurred.

In cases where a participant has received a training and/or competition suspension due to a disciplinary policy infraction, the participant must agree not to participate in competitions during the suspension period, even independently. Failure to do so will result in dismissal from the SSWSC without refund.

Additional guidelines for conduct during team travel will be included in the travel handbook.

## **DISCIPLINARY APPEAL PROCESS**

If an athlete believes that he/she has been unjustly treated with regards to disciplinary consequences delivered, an appeal may be filed by the athlete and their parent/guardian. The appeal process begins with a written request for appeal delivered to the disciplinary committee within one week of the disciplinary decision and notification.

The appeal will be reviewed by the Executive Director and a third party if deemed necessary. The athlete will not be further disciplined or suffer any additional form of reprisal for the good faith use of the appeal procedure. Such a procedure is in place to protect and ensure that athletes' concerns with the disciplinary process are addressed, and to ensure the fair treatment of all involved.

## STUDENT ATHLETE INFORMATION

SSWSC and our cooperating public schools (Steamboat Springs School District) and independent schools (Steamboat Mountain School) have a unique relationship that allows SSWSC skiers and riders to have training and competition opportunities that are available in very few other communities. SSWSC athletes can receive the highest caliber coaching and training available in this country while attending local schools, public or independent. It is important to the SSWSC that all parties help student athletes to achieve personal success athletically and academically.

SSWSC will enforce consistent academic standards with any program/system (homeschooling, online schools, etc.) where SSWSC athletes may be enrolled, and reserves the right to verify all athlete's academic responsibilities. As authorized in the <a href="Participant Waiver">Participant's</a> educational institutions may release academic, athletic and disciplinary information directly to SSWSC.

Middle school aged student-athletes generally do not miss a significant amount of school. Middle school students are required to maintain the same educational requirements as the high school athletes. Good study habits and positive attitudes should begin at these levels. A reputation as a responsible and hardworking student will follow each student-athlete from school to school. The same holds true for parents. Working hard to develop a positive relationship with teachers and the school administration will help when an athlete reaches the competitive traveling level of the high school programs.

## HIGH SCHOOL ATHLETES

Students will need to work closely with their school counselors to develop an academic plan and schedule that allows them to meet academic and athletic goals. Each student must be proactive in addressing their scheduling needs. The SSWSC Director of People and Sport Development is the primary point of contact for our athletic-academic partnerships and academic eligibility.

#### ACADEMIC PLANNING

Beginning freshman year, it is recommended that each student-athlete sit down with his/her guidance counselor and develop a comprehensive four-year plan. It is important to be sure that all graduation requirements will be met as well as prerequisites for college admission and NCAA eligibility requirements if applicable. \*\*Note: Graduation requirements and college prerequisites are not the same and NCAA requirements are also more specific than general graduation requirements.

In the spring, SSWSC will provide SSHS with a list of competitive athletes and their desired school schedule to accommodate their training schedule. The high school works with athletes on an individual basis. They can make accommodations to help students meet the requirements if the situation warrants. Please DO NOT expect across the board rulings for all athletes. Every case will be handled individually. The student athlete (not the parents) should initiate contact with the high school. Please do not hesitate to contact the SSWSC Director of People & Sport to assist with any school meetings.

## EARLY RELEASE SCHEDULE (SKIER SCHEDULE)

A request for an early out schedule at Steamboat Springs High School must be made when registering for next year's classes (usually in February for returning students). These schedules are often referred to as Full Skier Schedule and Partial Skier Schedule. Students must attain a "C" average (2.0) or better and be in good disciplinary standing for the first quarter in order to receive an early release schedule. Any discipline problems reported by the school during the first quarter can prohibit an athlete from obtaining a Skier schedule.

Tardies for zero hour are not acceptable. If a SSWSC athlete is frequently tardy for zero hour, they will forfeit their eligibility to take zero hour classes next semester. A recommended schedule for each competitive program is shared with SSHS in the spring. All early release schedules will require online classes.

All our local schools offer many educational opportunities outside of scheduled classes. These include but are not limited to study halls, tutoring, parent-teacher and student-teacher conferences, etc. We expect our student athletes to take full advantage of these opportunities.

#### SSWSC STUDY HALL

All competitive athletes are encouraged to attend SSWSC's weekly proctored study hall. The purpose of the study hall is to ask questions, receive support and show academic

accountability. Study hall is open to any competitive athlete, but SSWSC athletes that are on the ineligibility list are **required** to attend this study hall.

#### COLLEGIATE OPPORTUNITIES AND COLLEGE COUNSELING FOR STUDENT-ATHLETES

For juniors interested in competing in college (alpine or cross country), the SSWSC program directors and athletic director have listings for schools with ski teams and can help you by contacting coaches and writing recommendations. It is important to know that as a competitive athlete, college coaches can be of great assistance in the admissions process, but they only can help if they know you are interested. It is recommended to prepare a general letter and athletic resume expressing your interest and describing yourself - age, graduation date, points, results and future goals - that you can send to college coaches. For further assistance with this, please see your school guidance counselor or Dave Stewart, Athletic Director at the SSWSC.

## ACADEMIC INELIGIBILITY POLICY

## STUDENT-ATHLETE INELIGIBILITY

The SSWSC will support the academic and disciplinary decisions made by the educational institutions with whom we partner. This means that if a student-athlete is suspended from or expelled from school, that athlete will not participate with the SSWSC for training or competition during the period of suspension or expulsion. This is also true for academic ineligibility. When a student is listed as ineligible in his/her school, he/she will be ineligible to compete with SSWSC. SSWSC receives an ineligibility list from each of the schools weekly. It is important that all student-athletes and all parents understand and agree to abide by the current policy.

## STEAMBOAT SPRINGS MIDDLE SCHOOL ELIGIBILITY

The Steamboat Springs Middle School requires that all athletes involved in extracurricular activities maintain passing grades. Steamboat Springs Middle School runs weekly eligibility reports for SSWSC competitive athletes. Eligibility reports are run every Monday. Students are ineligible if their grades include one "F" or two "D's". Middle school students and parents will be informed via email when they are ineligible to participate in their respective sport. Any student who receives an ineligible notice can visit the SSMS office and pick up a "Ticket to Play" slip. Once the student-athlete has completed their assigned work, their teacher will sign the "Ticket to Play" form. This completed form should be turned into both the SSMS office and to the Director of People and Sport Development via the SSWSC Main office. Once this form is completed and turned in, the athlete can participate again.

## STEAMBOAT MOUNTAIN SCHOOL ELIGIBILITY

SSWSC has a very collaborative relationship with Steamboat Mountain School (SMS). SMS is an independent boarding and residential school in Steamboat that provides a tailored learning experience for SSWSC's competitive athletes. SMS and SSWSC work closely together regarding individual athletes' needs, behaviors and academic eligibility. SSWSC receives regular eligibility reports from SMS which it observes and enforces.

#### STEAMBOAT SPRINGS HIGH SCHOOL ACADEMIC ELIGIBILITY

Steamboat Springs High School has a no-F policy and will run weekly eligibility grade checks. A school-wide grade report is run every Tuesday afternoon to check grades. An email will notify parents & students that their student is on this week's D and F probation list. The list of athletes with D and/or Fs is distributed to coaches, Athletic Director, Assistant Principals, and SSWSC. Athletes must remain aware of their grades. They need to communicate and work directly with their teachers to get their grades up.

An Eligibility Report is run every Friday afternoon. Student athletes who have any F's at that time will not be eligible the following Monday – Sunday to travel or compete. The grades posted on Fridays are the final determination of eligibility for the next week. Ineligible athletes may go to practices. However, they may not miss any class time to attend competitions or training until they have regained eligibility.

## SSHS / SSWSC Attendance and Make-up Work Policy

- Absence Codes: When SSWSC coaches identify that students will be missing school due to a
  SSWSC event, then the students will be marked "Approved Prearranged". This is an excused
  absence. This is the case only for the days required for a student to miss school. If students
  miss more school days to extend their trips, then these absences will not be marked as
  "Approved Prearranged".
- Attendance Policy: Typically, students may have up to 10 Excused Absences in a school year for illness or other prearranged situations. After 10 absences in a school year, any additional absences will be considered Unexcused Absences unless the student is sent home ill by the SSHS nurse or a doctor's note is provided. If a SSWSC student reaches 10 days of absences for SSWSC events and any other reason, SSWSC students will continue to have SSWSC absences coded as "Approved Prearranged" for the number of absences required by their SSWSC activities. However, after any 10 missed school days including absences due to SSWSC events, SSWSC students will not have any additional days excused for non-SSWSC situations except for illness. For example, SSWSC students will not be excused for a family trip if they have already missed 10 days of school for SSWSC activities and/or other reasons.
- School Call-out: Parents must still call out students for SSWSC absences even though the SSWSC coaches let the attendance staff know. This is needed for communication and for liability reasons. The pre-arranged absences form is NOT needed, as each athlete is expected to communicate in person with their teachers before, during and after an athletic trip.
- Make-up work deadline: Students who are marked as "Approved Pre-arranged" for SSWSC will be allowed 2 days to complete makeup work for one week or less of absences. If a student is absent for more than one week for a SSWSC event, then they will have two days for every week not to exceed a total of one week to complete makeup work.

Absent 1-5 days: Two school days to complete make-up work Absent 6-10 days: Four school days to complete make-up work Absent 11 + days: Five school days to complete make-up work

SSHS / SSWSC student athletes are expected to take responsibility for their learning while on extended absences for competition. It is required that SSHS / SSWSC student athletes communicate in person with all their teachers prior, during, and after their extended absences. Student athletes need to gain a clear understanding from their teacher of what is expected from them while absent. Assignments, projects, and assessments should be discussed before extended absences.

It is expected that SSWSC student athletes work on all courses and assignments while at competitions and training days. SSWSC will establish study sessions supervised by SSWSC coaches while at competitions and trainings. While absent, student athletes should communicate with teachers for guidance, directions or clarifications on any misconceptions or lack of understanding.

Students are expected to come back with work attempted and completed to the best of their ability. The student is responsible for checking in with their teachers during the two days upon returning to school. The return days are to gain clarification on any work assigned and concepts covered by their teachers and to turn in classwork or complete missing assessments.

#### SSHS SEMESTER ELIGIBILITY

The policy for failed semester grades follows the restrictions implemented by CHSAA. Students will be ineligible if they fail classes with credits totaling more than .5 units and must pass 5 academic classes. If they fail an online class, they will not be eligible to take an online class the following semester.

Any adjustment to the ineligible list will only be honored when calls are made from either the SSHS Athletic Director, Principal or Assistant Principal, or from the Dean of Students at Steamboat Mountain School to Blair Seymour, SSWSC Director of People & Sport Development. It is recommended that students who are ineligible communicate immediately with their teachers to rectify the situation for the following weeks and inquire at the SSWSC office about study table or tutoring opportunities. If an athlete is on the list, he/she will be ineligible the entire next week, Monday through Sunday. The ineligible list for the SSHS will be communicated to head coaches on Friday and will take effect on the following Monday-Sunday.

If an ineligible athlete chooses to compete during their period of ineligibility, disregarding the SSWSC policy, that athlete severs his/her ties with the SSWSC for the remainder of the season. No refunds will be issued in this situation.

## **REGISTRATION & PAYMENT POLICIES**

Each participant must be registered for the current season to begin training with any SSWSC program. Online registration must be completed in advance of the first day of training. Please note, certain programs will fill to capacity and others have registration deadlines well before

the first day of training. Early registration is encouraged to get in the communication loop with coaches. <u>Scholarships</u> and payment plans are available. By registering online, athletes, parents, and guardians agree to abide by the terms of the <u>Participant Waiver</u>.

Enroll online at <a href="www.sswsc.org">www.sswsc.org</a> using the ENROLL/LOGIN link. Your login can also be used to review your account and important club documents, update financial information, sign up to volunteer and more.

#### PROGRAM FEES

The SSWSC program fees and work deposit may be paid in full at the time of registration online by credit card or e-check or in the office with cash or check. A payment plan may be set up in the SSWSC office by the person financially responsible for the participant. Current credit card or e-check information is required when agreeing to a payment plan. Final payment must be made on or before the first business day in January of the current winter season.

#### **DEFINITION OF NON-RESIDENT**

Families: A non-resident is defined as any participant, age 17 & under, whose family does not live year-round in Routt or Moffat County. Participants age 17 & under whose families have established residency in Routt or Moffat County will pay resident fees.

Individuals: A non-resident is defined as any participant, age 18 & over, who has not lived in Steamboat Springs, Routt County or Moffat County for 12 consecutive months before the program start date. Proof of residency must be provided. A Colorado driver's license, local vehicle registration, rent receipts, voter registration card, paycheck stubs, etc. may be considered as evidence of residency.

Attaining resident status: Any athlete whose family does not live year-round in Routt or Moffat County will be considered a non-resident for the first two years of SSWSC full-season programming. At the start of the third year of consecutively participating in SSWSC full-season programming, they will be granted "resident" status for the purpose of determining program fees even if they do not live in Routt or Moffat year-round.

Purpose of non-resident fee policy: Regular program fees generally make up only about two-thirds of the cost to staff and operate our programs. The balance is generated through local businesses and donors whose support more heavily subsidizes local participation. Non-resident fees more closely represent the actual cost of programming, but still reflect some donor subsidy in most cases.

#### SSWSC PAYMENT OPTIONS

SSWSC offers multiple payment options for summer, winter, and year-round program fees. Credit cards, eCheck (ACH bank transfer), cash, and checks are all accepted. We also offer a payment plan option. During registration, a credit card or eCheck account will be required to submit your application, but your account will not be charged immediately. SSWSC will process your registration after applicable discounts are applied (EZ scholarship, summer conditioning

credits, multiple work deposits) and will charge your account according to your billing preference.

#### ACCEPTED PAYMENTS

- Credit Card Credit card payments are accepted for all charges.
- eCheck ACH Bank Transfer Paying directly through a bank account qualifies for a 2% discount on program fees only.
- Cash or Check Cash or check is also accepted. An electronic payment method (credit card or eCheck account) will still be required to submit registration, but the electronic payment will not be charged. Please contact the SSWSC office (gburkholder@sswsc.org or call 970-879-0695 ext 100) if you would like to pay by cash or check.

#### **BILLING PREFERENCES**

#### **Payment Plan:**

SSWSC offers a payment plan to enable families to spread out their program fee payments. There is no added fee for the payment plan. Select Payment Plan under Billing Preference during the registration process. Selecting Payment Plan will split fees evenly based on the start and end of the athlete's program.

- Summer Program Fees: The first payment is due on Tuesday, May 7, and the final payment is due at the beginning of the last summer session. (For example, if enrolled in session 1, final payment will be billed on June 4.)
- Year-Round Program Fees: Fees will be split evenly and billed when registration is processed (usually 24 48 hours) and then, on the first Tuesday of each month. The final payment will be processed on Tuesday, December 3.
- Winter Program Fees: The first payment is due on September 3, and then on the first Tuesday of each month. The final payment will be processed on Tuesday, December 3.

#### Paying in Full:

If you selected eCheck or Credit Card, and you are choosing to pay your program fees in full.

- Year-Round Fees: 25% of your program fees will be due on May 7, and the remainder of your fees, plus your work deposit, will be billed on September 3.
- Summer Fees: Program fees will be billed on Tuesday, May 7. If you register after May 7, your fees will be billed when your registration is processed (usually within 24 48 hrs)
- Winter Fees: Program fees will be billed on Tuesday, September 3. If you register after September 3, your fees will be billed when your registration is processed (usually within 24 48 hrs).

## **SCHOLARSHIPS**

SSWSC recognizes that the expense of participating in programs can be challenging. The new structure provides more scholarship support to families beginning in the summer of 2024 and for 2024-2025 winter programs.

#### **EZ SCHOLARSHIP**

The EZ Scholarship is offered to any resident family whose 2023 adjusted gross income (AGI) is \$175,000 or less. Scholarship levels are as follows:

\$150,000-\$175,000 AGI: Scholarship = 10% of program fee \$125,000-\$150,000 AGI: Scholarship = 20% of program fee \$100,000-\$125,000 AGI: Scholarship = 30% of program fee \$75,000-\$100,000 AGI: Scholarship = 40% of program fee \$75,000 AGI or less: Scholarship = 50% of program fee

The EZ Scholarship applies to summer and winter and can only be selected when registering for programs and will be deducted from the program fee total prior to processing payment (note that the reduced price does not show on the payment page, but it is adjusted prior to processing). For families choosing the payment plan, installments will be based on total fees less the scholarship amount. SSWSC reserves the right to request documentation to confirm the family's AGI level. The EZ Scholarship is not available to non-residents.

## NEW! EZ COMPETITIVE PROGRAM SCHOLARSHIP

SSWSC is now offering a NEW scholarship opportunity for families with athletes in high schoolage, year-round competitive programs. The EZ Competitive Program Scholarship is a two-step scholarship fee program for athletes in year-round programs; it requires submitting a current 1040 or 1040EZ tax return. The EZ Competitive Scholarship is applied directly to program fees based on the family's adjusted gross income after tax return verification.

SSWSC competitive programs eligible for the new EZ Competitive Program Scholarship are U16 Alpine, U18/U21/PG Alpine, U16/U18/20 Cross Country, U16/U18/U20 Ski Jumping/Nordic Combined, and U17/U19/PG Freestyle Moguls, Pro-Am Snowboardcross, Pro-Am Race, Senior Snowboard Team, Snowboard Big Mountain, and Freeskiing Senior Team

## SSWSC EZ Competitive Program Scholarship Levels:

Based on 2023 Adjusted Gross Income (Line 11 of 1040 tax form):

```
$200,000-$250,000 AGI Scholarship = 10% of program fee
$175,000-$200,000 AGI Scholarship = 15% of program fee
$150,000-$175,000 AGI Scholarship = 20% of program fee
$125,000 - $150,000 AGI Scholarship = 30% of program fee
$100,000-$125,000 AGI Scholarship = 40% of program fee
$100,000 or Less AGI Scholarship = 50% of program fee
```

## WINTER PROGRAM FEE SCHOLARSHIP

SSWSC will continue to offer the Winter Program Fee Scholarship through an application process. The Winter Program Fee Scholarship is intended to assist SSWSC families with SSWSC program fees based on financial need.

<sup>\*</sup>Non-residents, and resident families with adjusted gross incomes above \$250,000, are not eligible for the SSWSC EZ Competitive Program Scholarship, but may apply for Winter Program Fee Scholarship.

- All resident or non-resident athletes are eligible.
- The Winter Program Fee scholarship application window is from August 1 December 15 for winter programs and April 2 - May 19 for year-round competitive programs.
- While the EZ Scholarship only factors in adjusted gross income, the Winter Program Fee
  Scholarship considers many other factors, including current hardship, multiple children,
  associated expenses such as travel and equipment, and family's volunteer involvement with
  SSWSC.
- Families can apply for this scholarship even if they have received an EZ Scholarship or if they did not qualify for an EZ Scholarship.

## Distribution Of Scholarship Funds

If awarded a scholarship, the funds are applied to the participant's SSWSC account. Once all SSWSC program fees have been paid, any remaining scholarship funds will be applied to the athlete's travel account or refunded if appropriate.

## **OUTSTANDING FEES**

If fees for the prior season (including all travel and program fees) have not been paid before the following season begins, enrolling participants must pay all outstanding SSWSC fees in full before participation in any training for the upcoming season.

#### SSWSC REMEDIES FOR NON-PAYMENT OF FEES AND CLUB EXPENSES

In the event of past due nonpayment of any program, travel or other fees, the athlete will be removed from programming, and the participant or the participant's family will be responsible for the payment of fees in full, plus attorney's fees, court costs and any other costs incurred in connection with the collection of such payment.

## DROP-IN/DAILY TRAINING FEES

Any visiting athlete who trains by the day must have a signed SSWSC Liability and Medical Release on file with the Club office. This form must be signed by a parent or guardian if the participant is under the age of 18. Every athlete who trains for a day must pay the daily training fee in the Club office BEFORE training. Day training fees vary by program and length, including additional training fees for an athlete already enrolled in SSWSC programs.

#### SSWSC REFUND POLICY

SSWSC makes our commitments to partners, coaches and staff based on program enrollments in the summer and fall. These expenses are not reduced by a participant's withdrawal during the season. As such, program fees are non-refundable except for season-ending injuries or medical conditions that prevent participation in the program. There are no refunds in the case of voluntary withdrawals or absences during the season for any reason, including academic ineligibility, relocation, program dissatisfaction or participant change in interest, or conflicts with other sport schedules. In addition, there are no refunds in any case where the athlete is suspended or expelled from the program.

Program fee refunds are only considered in the event of an injury or illness whereby the athlete is unable to participate in any level of programming after their injury or illness. Refund requests must be made by the athlete/family in writing to the SSWSC Office Manager (sswsc@sswsc.org). SSWSC reserves the right to ask for verification from a medical professional. Requests must be made in a timely manner and will not be considered if received after March 31. If a refund is approved, it will be based on the refund table below. Refunds will first be applied to any outstanding balances in the athlete's family account with the SSWSC. Refunds do not apply toward the athlete's work deposit.

#### COMPETITIVE PROGRAM INJURED ATHLETE SUPPORT

When an athlete is injured in one of SSWSC's competitive programs, our number one goal is to work with the athlete and family to bring them back to health and ready to return to their program as quickly but as safely as possible, while keeping them engaged with their peers and program. SSWSC supports injured athletes in competitive programs with a team that includes Director of Strength and Conditioning, Medical Coordinator, and Mindset Performance Coach, along with the athlete's coach and discipline director. Communication from the athlete and athlete's family is critical to the success of this program, and the primary communication portal is through Healthy Roster. For more information, contact Sady Carelli Director of Strength and Conditioning scarelli@sswsc.org.

## Injury/Illness Winter Program Fee Refund Table

Youth Programs		
When	Refund %	
Prior to start of program	Full refund minus \$100 admin fee or 10% of	
, , , , , , , , , , , , , , , , , , ,	program fee, whichever is less	
Prior to Dec 15	75% refund	
Prior to Jan 15	45% refund	
Prior to Feb 15	15% refund	
After Feb 15	No refunds	
Seasonal Competitive Programs		
Prior to start of program	Full refund minus \$100 admin fee	
Prior to Dec 15	75% refund	
Prior to Jan 15	45% refund	
Prior to Feb 15	15% refund	
After Feb 15	No refunds	
Year-Round Competitive Programs'	*	
Prior to May 1	Full refund minus \$100 admin fee	
Prior to Sept 1	60% refund	
Prior to Dec 1	40% refund	
Prior to Jan 1	25% refund	
Prior to Feb 1	10% refund	

\*An athlete with an injury of illness in these programs is automatically provided injured athlete support from the SSWSC Injured Athlete Support Program as described above. Athletes may choose whether or not to participate in the sessions offered, but the choice does not affect the refund.

## **WORK DEPOSIT & VOLUNTEERING**

## **WORK DEPOSIT**

It takes an enormous amount of people to make these programs and events a success. To support this need, SSWSC requires a work deposit for each family. The time and expertise that our athletes and their families volunteer is a large part of what makes our club a success. During the registration process, the program fee listed includes the work deposit. The work deposit varies based on the volunteer demands for each program. Families with multiple athletes pay a work deposit for one athlete only—the program with the largest work deposit. Work deposits for all programs will be included in the total due shown when you submit registration, but after review from our staff, your account will be updated manually and the total adjusted deposit for only one program will be reflected in the final registration fee charged. Families can earn back the work deposit by volunteering for SSWSC or opt out of volunteering and donate the work deposit to SSWSC.

Work hours and credits are non-transferable. Unless approved in advance by SSWSC, only immediate family members may contribute hours toward that family's work deposit. All work deposit positions will be assigned a number of points. Points will be determined prior to work deposit sign up and displayed so that each volunteer is aware of the number of points for their volunteer position prior to the volunteer experience. Point amounts may vary depending on several factors, including the certification or experience needed for the position or on the past difficulty of filling the position.

The work deposit shall be paid at the time of registration. Credit for work performed prior to registration may be credited at the time of registration by sending a request to <a href="mailto:sswsc@sswsc.org">sswsc@sswsc.org</a>. While work deposit points are applied automatically to athlete/family accounts, it is the athlete/family's responsibility to review these entries and notify the SSWSC office of any discrepancies no later than April 30<sup>th</sup> of the winter season. Anything not listed in the written policy as a work deposit credit must receive prior approval by the SSWSC Chief Operating Officer to be considered for a refund.

## NON-WORK DEPOSIT SITUATIONS

NO work deposit credit will be issued for:

- Board of Directors meeting attendance.
- Work at out-of-town competitions.
- Steamboat Ski Resort and City of Steamboat organized events that are not hosted by SSWSC.
- Other organized events not put on by SSWSC.
- Competition video or photography unless specifically designated as a volunteer position.

## **VOLUNTEERING**

Volunteering with SSWSC to earn back work deposits.

- Each family will be assigned a number of points that coincide with the amount paid (\$600 = 600 points).
- Each time a family volunteers for a shift, their account will be credited for the number of points associated with the shift (generally 15 points per hour or more, depending on the job).
- Volunteer points will be recorded in each family account.
- The family's account will be credited with the points earned in dollars by April 15.
- Families are only eligible for a credit up to the total work deposit paid.
- Credits can be donated back to the club, used to offset the costs of athlete programs/travel or refunded directly to the family.
- Once all credit hours have been worked off, families may earn comp lift ticket vouchers at Steamboat Resort for the current season by working certain jobs.

Click <u>HERE</u> to view current volunteer positions. New jobs are added all the time, and volunteers sometimes cancel, so check back to see what is new! Our event coordinator will send out volunteer reminders and information as the event gets closer. When you sign up, the volunteer points will be added to your work deposit account.

To monitor your progress and review your upcoming volunteer jobs:

- Log into your SSWSC account.
- Click Volunteer
  - Points Balance to review the remaining points needed to fulfill your work deposit.
  - History to view past jobs/points.
  - Upcoming Volunteer Jobs to show your upcoming volunteer positions.

#### WORKING FOR STEAMBOAT RESORT LIFT TICKETS

If your work deposit is complete or if you do not have work deposit, there may be an opportunity to earn vouchers for Steamboat Ski Resort lift tickets by working at certain U.S. Ski & Snowboard or USASA events. All work deposit points must be worked off prior to earning vouchers for tickets. Eight hours of volunteer time will earn one voucher. Vouchers are for the current season only and may have holiday blackout periods.

## **DONATION**

Families can opt out of volunteering by making a charitable contribution to the SSWSC Foundation in an amount of at least 150% of the applicable work deposit. When opting out during the program registration process (in lieu of volunteering or working off the work deposit) families will not be entered into the work deposit program. Look for instructions on this when registering. Donations are due by December 5. Donations over \$250 qualify for a

Colorado Enterprise Zone tax credit. To receive this credit, please provide your tax ID number (last four digits of your social security number) to Gretchen Keefe, SSWSC Club Manager.

## Ways to donate:

**ONLINE**: Click <u>HERE</u> to make a donation online, note "Donation in Lieu of Work Deposit" in the comments.

**CHECK**: Payment can be made via check mailed to PO Box 774487, Steamboat Springs, CO 80477.

If your donation is not received by December 5, we will bill your SSWSC account, but donations billed through SSWSC accounts do not qualify for this tax credit.

## **SEASON PASSES**

**Steamboat Ski Resort:** Participants training at Steamboat Ski Resort are required to purchase an Ikon Pass. Passes are not included in SSWSC program fees and can be purchased individually through Steamboat Ski Resort or at <a href="www.ikonpass.com">www.ikonpass.com</a>. Athletes are required to always have their pass on them while at Steamboat Ski and Resort.

**Howelsen Hill:** All participants training at Howelsen Hill (both alpine and cross country) are required to purchase a season pass at Howelsen Hill. Passes can be purchased online and picked up at Howelsen Hill Lodge in the fall. Athletes are required to always have a pass on them while at Howelsen Hill. Check the programs description at <a href="https://www.sswsc.org">www.sswsc.org</a> for the type of pass needed for each program.

Additional Passes: Based on the program, cross country skiers may also need to purchase an additional trail pass from the Steamboat Springs Nordic Council for training at the Touring Center and Catamount.

# **EQUIPMENT & UNIFORMS**

## **HELMET POLICY**

Helmets are required as per U.S. Ski & Snowboard, USASA, IFSFA and FIS rules and Steamboat Ski Resort. SSWSC requires all SSWSC athletes to wear helmets while skiing or riding as part of training in an SSWSC program with the exception of cross country skiing. Helmets are required for all users of the SSWSC-Stevens Family Alpine Venue at Steamboat Ski Resort, including volunteers and spectators.

## Hard-ear vs. Soft-ear Helmets

Certain disciplines and sports require a hard ear helmet (hard plastic shell over ear). For example, nordic ski jumping, alpine GS, SG, and DH racing require a hard ear helmet.

SSWSC neither specifies nor recommends any helmet design and undertakes no responsibility or liability in connection with the requirement that helmets be utilized. It is the sole responsibility of the participant to select an appropriate helmet for safety and accident protection. The helmet used must be designed for the sport in question.

CAUTION: The protective qualities of all safety helmets are affected by age and use. Some older helmets and any helmets that have been damaged either in a fall or from some other impact may no longer provide sufficient protection - even if there are no visible indications of damage. SSWSC neither specifies nor makes any warranties as to the fitness for use of any particular safety helmet nor assumes any responsibilities or duties to any participant by requiring the use of a helmet.

## ATHLETE EQUIPMENT

Skiing or riding on appropriate equipment is important in successful participation in SSWSC programs. All athletes must provide their own athletic equipment for all training and competition events. The only exception to this is nordic jump skis, boots, and ski suits, which are available for rental by SSWSC at the entry level of the sport.

We can help with selecting the right equipment for their children upon request. We work with certain equipment professionals in town that offer quality, season-long rental packages and offer discounted purchase options of snow sports gear through fitting and purchase sessions in the fall. Contact your child's coach or program director for details.

#### SSWSC TEAM UNIFORMS

SSWSC team jackets are provided to full season participants in U10 and older programs at the start of the season. These jackets are assigned to athletes for the season and must be returned at the end of the season. There are limited quantities, and certain sizes will run out. Jackets are issued on a first-come, first-served basis. SSWSC has worked hard with its support partners to make this opportunity available to our families. 100% of the cost of team jackets is covered by support partners, not registration fees. All team jackets must have all support partner logos affixed to them and no additional logos or emblems may be applied to team jackets under any circumstance, without prior approval of the Executive Director of the SSWSC.

Athletes are strongly encouraged to wear team jackets while training and at all race events (unless wearing race attire). Athletes are required to wear the team jacket at all competition awards acceptance ceremonies, including when receiving awards. Team jackets must be cleaned and returned in good physical condition (no rips, tears, broken zippers, stains, or any other damage) at the end of the season, or replacement or repair costs may be charged.

SSWSC team cycling jerseys are distributed to all cycling competitive team athletes. Athletes are encouraged to wear jerseys at competitions and out of town team travel. Athletes are required to wear the team jersey at all competition awards acceptance ceremonies, including when receiving awards.

Additional SSWSC logo apparel may be available for purchase online at the SSWSC Pro Shop.

## FACLITIES and OTHER POLICIES

## HOWELSEN HILL LOCKER ROOM, WAX FACILITY AND LODGE

SSWSC athletes have access to the locker room on the first floor of the Howelsen Hill Lodge. By using the locker room, the athlete agrees to abide by the following:

- Athletes will be expected to come dressed for practice or use public restrooms to change clothes.
- SSWSC athletes and staff only are allowed.
- Offices and work cage are off limits unless invited by a coach.
- Equipment must be kept in designated areas in cubbies, under benches, on shelves or in ski slots.
- Bring equipment in locker room through exterior entry door only, not through Lodge main entry.
- All trash must be placed in garbage containers.
- Waxing irons must be turned off after use and those under 12 years old must be supervised when using waxing irons. No waxing with fluorinated wax.
- Wax benches and floors must be swept after use.

## ATHLETE DROP-OFF AND PICKUP

It is important that athletes arrive ready to ski or snowboard at the published start time. Since groups may be skiing or riding at different parts of the training venue, a late arriving athlete may not be able to join their group, and coaches are under no obligation to wait for late arriving athletes. If you are running late, it is important to communicate with your coach. There will not be makeup training for athletes that miss training.

Drop-off and pickup locations are often crowded and busy. Please plan ahead. The parking area in front of the Howelsen Hill Lodge is for active loading and unloading only. Certain lanes require that a driver be with the car at all times, other lanes allow for up to five minutes to leave the car to drop-off or pick up items or kids.

Programs training at Steamboat Resort will communicate drop-off locations, meeting areas and times. The Sheraton, T-Bar, Northside Lot and all areas around Torian Plum may not be used for drop-off/pick-up.

## CONSENT TO USE OF IMAGE AND NAME

As referenced in the <u>Participant Waiver</u>, participant consents to and authorizes the use and reproduction, for any purposes and without consideration, of all photographs, video recordings, or movies taken of participant, and to use and sublicense for any purpose in promoting the SSWSC or related activities of the SSWSC in print, brochures, advertisements, films or videos and on broadcast presentations of any sort.

The athlete or participant, or the parent or guardian of a minor athlete or participant, also consents to SSWSC using the athlete or participant's name and disclosing their association with SSWSC for all media purposes, including but not limited to advertising, press releases, promotions, social media, and other

similar media. The athlete or participant, or their parent or guardian, may withdraw this consent at any time by providing written notice.

## WEATHER POLICIES

All the disciplines of SSWSC take place outdoors. Athletes need to be prepared for frequently changing weather conditions. Training is rarely canceled, but the following are policies that might affect training:

**Lightning:** Lightning can occur any time of year, but is more likely in spring, summer and fall. If weather conditions and radars show likelihood of lightning, training will be canceled or suspended until conditions are safe. If lightning occurs during training, groups will seek a permanent building or vehicle. Training may resume 30 minutes after observable strike.

**Air Quality:** When smoke from wildfires is in the air, it is important to be vigilant monitoring Air Quality Index (AQI) conditions for the safety of our athletes and staff. Training could be canceled or modified depending on AQI numbers. SSWSC looks at <a href="Purple Air Map">Purple Air Map</a> and the 10 min average.

AQI: 91-149 - modified training

AQI: 150-200 – modified training, not recommended for those with respiratory issues. No exertion recommended.

AQI: above 200 - canceled training

**Temperature:** If temperatures dip to -20 degrees Fahrenheit, training may be canceled or delayed for the safety of our athletes.

## **HEALTH AND WELLNESS**

Athlete and staff health and wellness are paramount to the success of our programs. SSWSC reserves the right to follow all federal and state wellness/vaccination policies and will seek guidance from our national governing bodies. Our goal is to protect athletes and staff's physical and mental health while maintaining the integrity of our sport programs.

## CLUB INFORMATION

## SSWSC OFFICE

Howelsen Hill Lodge, 2nd Floor

Mailing Address: PO Box 774487, Steamboat Springs, CO 80477

Physical Address: 845 Howelsen Parkway, Steamboat Springs, CO 80487

Winter Office Hours 9am-5pm Monday-Friday Summer Office Hours 9am-5pm Monday-Thursday

SSWSC main line: 970.879.0695 SSWSC fax: 970.879.7993

SSWSC on Facebook: <u>www.facebook.com/sswsc</u>

## CONTACTS

Brian Krill	Executive Director	970.439.0845		
Jon Nolting	Chief Operating Officer	970.439.0842		
Dave Stewart	Athletic Director	970.439.0846		
Amy Burkholder	Director of Finance	970.439.0843		
Ellen Campbell	Director of Development	510.301.5200		
Jeanne Mackowski	Director of Communications	970.439.0847		
Blair Seymour	Director of People & Sport Dev.	970.439.0848		
Gretchen Keefe	Office Manager	970.879.0695 x100		
Ali Givnish	Youth Program Director	970.846.7960		
Brian Tate	Cross Country Director	970.734.7678		
Alex Deibold	Snowboard Director	802.345.0246		
Todd Wilson	Jumping/Nordic Combined Director	970.439.0853		
Ann Battelle	Freestyle Mogul Director	303.819.0059		
Andy Michnay	Freeskiing/Big Mtn Director	970.819.2467		
Tyler Shepherd	Alpine Race Director	970.439.0850		
Sasha Nations	Cycling Director	303.995.1535		
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Email addresses – first initial and last name @sswsc.org

## SSWSC BOARD OF DIRECTORS – 2024/2025

Travis Mayer, President	Dan Gilchrist	Blaise Carrig	Ashley Deibold
Danielle McLarnon, Treasurer	David Baldinger	Ryan Shorter	Rob Mitchell
Amy Cook-Olson, Secretary	Todd Givnish	Jim Schneider	
Amy Satkiewicz	Roger Perricone	Lara Craig	

## MORE CONTACTS AND LINKS

U.S. Ski & Snowboard www.usskiandsnowboard.org

U.S. Ski & Snowboard membership hotline 435-647-2666
U.S.A. Snowboard and Freeski Association (USASA) www.usasa.org
U.S.A. Nordic Sports (USANS) www.usanordic.org

Nordic Combined USA <a href="http://www.nordiccombinedusa.org">http://www.nordiccombinedusa.org</a>
Rocky Mountain Freestyle <a href="http://www.nordiccombinedusa.org">www.rockymountainfreestyle.com</a>

Rocky Mountain Nordic

Steamboat Ski Resort

www.rmnordic.org

www.steamboat.com

Steamboat Season Pass office 877-276-2628

Steamboat Touring Center <u>www.steamboatnordiccenter.com</u>

Howelsen Hill http://steamboatsprings.net/index.aspx?NID=131